

**Gatorade
Fruit Punch**

461206

NUTRITION FACTS

Serving Size: 1 Tbsp(14g)

Servings per Container about 103

Amount per Serving

Calories 50

% Daily Value*

Total Fat 0g 0%

Potassium 30mg 1%

Sodium 95mg 4%

Total Carbohydrate 13g 4%

Sugars 13g

Protein 0g

Not a significant source of Calories from Fat, Saturated Fat, Trans Fat, Cholesterol, Dietary Fiber, Vitamin A, Vitamin C, Calcium, Iron.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 * Carbohydrate 4 * Protein 4