

Old Fashioned Fry Meal 488201

Dutch Valley Foods

November 17, 2008

## Nutrition Facts

Serving Size (30g)

Servings Per Container

Amount Per Serving

Calories 110      Calories from Fat 5

% Daily Value\*

Total Fat 0.5g      1%

Saturated Fat 3.5g      16%

Trans Fat 0g

Cholesterol 0mg      0%

Sodium 750mg      31%

Total Carbohydrate 22g      7%

Dietary Fiber less than 1g      2%

Sugars 1g

Protein 2g

Vitamin A 2%      •      Vitamin C 0%

Calcium 2%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000      2,500

Total Fat      Less than 65g      80g

Saturated Fat      Less than 20g      25g

Cholesterol      Less than 300mg      300mg

Sodium      Less than 2,400mg      2,400mg

Total Carbohydrate      300g      375g

Dietary Fiber      25g      30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Yellow corn meal (non-gmo), unbleached wheat flour, salt, dextrose, dried buttermilk, garlic powder, celery seed, baking powder, black pepper, red pepper.

## Allergen Information

\*\*Contains: Milk and Wheat Ingredients.

\*\*Packaged in a facility that also processes products containing: peanuts, tree nuts, soybeans, milk, egg, fish, crustaceans shellfish and wheat ingredients.

[www.dutchvalleyfoods.com](http://www.dutchvalleyfoods.com)