

Keystone Pretzel Bakery

Stick Pretzels

512250

NUTRITION FACTS	
Serving Size: 45 pretzels (30g)	
Servings per Container: about 91	
Amount per Serving	
Calories 110	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 460mg	19%
Total Carbohydrate 24g	8%
Dietary Fiber less than 1g	3%
Sugars 1g	
Protein 3g	
Vitamin A 0% * Vitamin C 0%	
Calcium 0% * Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

Ingredients: Wheat flour, corn syrup, soybean and/or cottonseed oil, salt, yeast, sodium bicarbonate and soda.

**Contains: Wheat and Soy Ingredients.